

Case Report Guidelines

(2020 new)

(With reference to the [CARE case report guidelines](#))

**Indicates required headings and subheadings*

***1 Title**

***2 Author(s)**

***3 Abstract (one paragraph, unstructured, up to 350 words)**

The patient's main concerns and important clinical findings;
The primary diagnoses, interventions, and outcomes;
What is unique about this case and what does it add to the scientific literature;
One or more learning points from this case report.

***4 Keywords (up to 10)**

***5 Introduction**

Briefly summarizes the background of this disease, and why this case is unique and may include medical literature references.

***6 Case Report**

This section may include 4 subheadings:

***1) Investigations (patient information and clinical findings)**

De-identified patient specific information;
Primary concerns and symptoms of the patient;
Medical, family, and psychosocial history including relevant genetic information;
Relevant past interventions and their outcomes;
Significant physical examination (PE) and important clinical findings.
A Timeline is preferable: Historical and current information from this episode of care organized as a timeline (figure or table).

***2) Diagnosis**

Diagnostic methods (PE, laboratory testing, imaging, surveys);
Diagnostic challenges;
Diagnosis (including other diagnoses considered);
Differential diagnosis if applicable;
Prognostic characteristics when applicable.

***3) Treatment**

Types of therapeutic intervention (pharmacologic, surgical, preventive);
Administration of therapeutic intervention (dosage, strength, duration);
Changes in therapeutic interventions with explanations.

***4) Follow-up and outcomes**

Clinician- and patient-assessed outcomes if available;
Important follow-up diagnostic and other test results;
Intervention adherence and tolerability, (How was this assessed?);
Adverse and unanticipated events.

***7 Discussion**

Strengths and limitations in your approach to this case;
Discussion of the relevant medical literature;
The rationale for your conclusions.

*With a subheading of **Learning Points**, the primary “take-away” lessons (learning points) from this case report (without references) in one paragraph.

***8 Declarations**

Acknowledgement
Financial Disclosure or Funding
Conflict of Interest
Informed Consent
Author Contributions
Data Availability

***9 References**